



Code of Conduct for Gym Use

- The gym is open for training between 7:00 AM and 11:00 PM.
- Your access card is personal and must not be used to let others in or lent to anyone else. Violation of this rule may result in suspension.
- All training is at your own risk.
- Outdoor shoes are not permitted.
- Members are responsible for ensuring that the gym equipment functions correctly before use and for learning how to use the equipment properly.
- Use a towel when using the equipment.
- Clean up after yourself and return all equipment to its proper place.
- Wipe down all equipment after use.
- Only use one piece of equipment at a time. Allow others to use the equipment during your breaks.
- Taking pictures of others without their consent is not allowed.
- Dispose of waste in the designated bins.